

Frequently Asked Questions

REGIONAL SPECIALIST
TRAINING FUND

What is the RSTF project?

The Regional Specialist Training Fund (RSTF) project aims to provide 50 Personal Care Assistants in the Gippsland region through targeted recruitment and dedicated wraparound support at all stages of onboarding, education, and employment.

What are the key functions of a Personal Care Assistant (PCA)?

A Personal Care Assistant supports individuals with daily activities they may struggle to perform independently. Key responsibilities include:

- Assisting with personal hygiene tasks such as bathing, dressing, grooming, and toileting.
- Providing mobility support, including helping clients move around safely.
- Offering companionship and emotional support.

What are the benefits of an Aged Care Traineeship?

- **Earn While You Learn:** Trainees receive a salary during their training period.
- **Practical Experience:** Gain hands-on experience in real-world settings, enhancing skills and confidence.
- **Nationally Recognized Qualifications:** Completion includes Certificate III in Individual Support (Ageing)
- **Government Incentive:** trainees receive 10% of their wage as a lump sum in the first 6 months and then in following 6 months (Maximum \$1500)
- **Paid Study Time:** Employers commit to 5 hours of paid study time per full time employee.

What is the total study time for the Certificate III in individual support:

You will be required to commit approximately 10hr per week to online study

Do I need the latest flu shot?

Annual influenza vaccination is mandatory for aged care workers to protect themselves and residents.

Do I need a police check?

Yes, aged care workers must undergo a police check to ensure the safety and well-being of care recipients.

Do I need a computer?

Having access to a computer or tablet is essential for completing the online training modules for Cert III in Individual Support.

Who is Selmar Education?

Selmar Institute of Education is a leading Australian Registered Training Organisation specializing in aged care education. They offer flexible, online training designed to equip learners with practical skills for the care sector. www.selmar.edu.au

Who is Catalyst Education?

Catalyst Education is the parent company and aims to build and skills sustainable workforces for Australia's care sectors. www.catalysteducation.com.au

What is covered in the Pre-Employment workshop?

- Getting Started - Introduction to the aged care sector and its importance
- Working in Aged Care - Overview of roles & responsibilities in aged care setting
- Safety Basics - Fundamental safety protocols and practices (including Manual Handling)
- Healthy Eating - meal time experience (per Royal commission)
- Valuing Difference - Emphasizing diversity and inclusion in care practices.
- The perfect aged care resume
- Interview skills specifically for aged care.
- Police check applications.

Am I guaranteed employment?

Employment is not guaranteed. The employer conducts the final interview and makes the final job offer.

What happens if I don't get shortlisted for employer interviews? Can I still study for the Certificate III in Individual Support as a distance learner?

Yes, even if you're not shortlisted for employer interviews, you can still pursue the **CHC33021 Certificate III in Individual Support** through Selmar Institute as a distant learner. Catalyst Education will continue to support you in gaining employment.

What happens if I get offered a job?

If you're offered a job and have signed a contract the next step is to apply to study the CERT III in Individual Support as a trainee through Selmar Education and MEGT. We help you complete this process. Start date for both employment and training will be set.



What is the industry pay rate for a PCA traineeship?

Pay rates for Personal Care Assistant (PCA) traineeships vary based on factors such as age, prior qualifications, and the specific award covering the employment. The Fair Work Ombudsman provides detailed information on apprentice and trainee pay rates.

www.fairwork.gov.au

What if I have more questions or need further support?

Call or email:

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**For further information
about the RSTF program
scan the QR code or visit**

[selmar.edu.au/regional-
specialist-training-fund/](http://selmar.edu.au/regional-specialist-training-fund/)

